



INTO AFRICA SAFARI

Since 1996 Your Sub - Sahara Africa Expert

***35 Day Gorillas & Southern Discoverer
(Trip Code: IAS VNC E35)
Victoria Falls to Nairobi***

This trip begins in Victoria Falls, Zimbabwe and travels north through Zambia, Malawi, Tanzania and Uganda before ending in Nairobi, Kenya.

This trip departs from Victoria Falls on Sunday morning. Should you wish to explore Victoria Falls, an earlier arrival should be planned and accommodation booked through your agent or Into Africa Safari.

Pre Departure Meeting: Held at the Departure Point at 17h00 the day before your departure.

Departure Point: Victoria Falls.

Check-In Time: 08h45

Departure Time: To be advised at the pre-departure meeting

Local Payment: US\$675

Please Note:

This itinerary should be used as a guide only and may vary from day to day depending on road & weather conditions, political situations and group decisions.

All prices & Local Payments are subject to change.

Due to Tourism Laws in some of the countries we visit, there may be a truck and crew change during the trip.

For booking purposes please notify our office as soon as possible should you choose not to trek the Mountain Gorillas.

DAY 1: Victoria Falls

Today is spent relaxing or participating in a myriad of Optional Excursions. AT 1700 metres wide and around 100 metres high, Victoria Falls are one of the most memorable sights on this African safari. All year round, flights can be taken in fixed wing planes, micro lights or helicopters. Back on the ground, the falls can be seen from the Victoria Falls National Park with its many viewing points or from the Zambian side. All offer fantastic photographic opportunities.

White water rafting in the Batoka Gorge is considered to be world class. Besides the excitement of the grade 5 rapids, there are the "floats", where there is time to admire the scenic cliffs and occasional wildlife on the riverbanks.

OPTIONAL Excursions include trips into the Zambezi or Hwange National Parks, elephant back safaris, horse back safaris, a visit to the crocodile ranch, boat cruises and golf at The Elephant Hills Resort. Adrenalin junkies can bungee from the Victoria Falls Bridge connecting Zimbabwe and Zambia or abseil down the Batoka Gorge - neither activity is for the faint hearted! All year round, flights in fixed wing, micro light and ultra light aircraft or helicopters provide an aerial perspective over this magnificent World Heritage Site. White water rafting on the Zambezi is world class. Beside the excitement of the Grade 5 rapids, there are the "floats," where there is time to admire the scenic cliffs and the occasional wildlife on the riverbanks.

DAY 2: Victoria Falls to Livingstone (Zambia) (B / L / D)

We leave Zimbabwe and cross the Victoria Falls Bridge and the Zambezi River, entering into Zambia at the town of Livingstone. We have the opportunity to view The Falls from the Mosi-oa-Tunya National Park, Zambia. Another fantastic photo opportunity. The day affords us the opportunity to participate in the activities available in Zambia we weren't able to do on the Zimbabwean side of the Falls. Tonight we have the option of enjoying a sunset dinner cruise on the mighty Zambezi.

DAY 3: Livingstone to Lusaka (B / L / D)

An early morning start sees us head north through southern Zambia to our campsite on the outskirts of Zambia's capital city, Lusaka. The campsite is home to some local wildlife including the largest antelope – Eland.

DAY 4: Lusaka to Chipata (B / L / D)

From Lusaka we head north east to a beautiful little campsite just 10 km before the Zambia/Malawi border. Here we spend the night before heading into Malawi.

DAYS 5 to 9: Chipata to Lake Malawi Beaches (Malawi) (B / L / D)

Leaving Zambia we cross into Malawi, the 'Warm Heart of Africa'. We stop off in the capital, Lilongwe, a small city distinctively divided into the old town and the new administrative centre. Malawi is a landlocked country with 20% of its total area made up of beautiful Lake Malawi. We travel the full length of the western side of the lake, stopping off at various bays and inlets over the next 5 days.

Spend the days learning the game of bao from the locals, scour the markets for a bargain or simply relax on the pristine beaches. Malawi's temperate climate allows for swimming in the clear blue fresh-water lake all year round. Explore the beautiful shore where you'll happen upon the local fishermen sorting their catch. Traditional fishing techniques are still practiced and to appreciate their boating skills, try to paddle a dug out canoe yourself! The various beachside campsites along Lake Malawi's shores offer many optional Excursions including a variety of water sports, horse back rides and a visit to the local village and school.

DAY 10: Lake Malawi to Iringa (Tanzania) (B / L / D)

After a relaxing 5 days, we leave Malawi, entering Tanzania through the border post at Songwe. Taking in the beauty of the Tukuyu tea and banana plantations, we head towards Iringa where we spend the night in the beautiful rustic 'Farmhouse' campsite famous for its Amarula Hot Chocolates and its steamy showers!

DAY 11: Iringa to Dar es Salaam (B / L / D)

The next morning we make our way to Dar es Salaam. We pass through the Mikumi National Park where it is possible to view a range of wildlife from the roadside, totally impervious to the passing traffic. On arrival in Dar es Salaam, we make our way to our lovely seaside campsite and prepare for our departure to Zanzibar the next morning.

DAY 12: Dar es Salaam to Zanzibar (B)

A ferry from Dar es Salaam takes us to the "Spice Island," where we have the option to spend the next 3 nights. Zanzibar is steeped in history and was one of the major starting points for most East African explorers in their quest for new lands. New passengers may join us to replace those that'll leave us at the end of our excursion to Zanzibar.

PLEASE NOTE: Accommodation and Meals are for your own account whilst on Zanzibar, as

it is our experience that passengers prefer to explore the island on their own. The Trip Leader joins you and can arrange your accommodation, while meals can be enjoyed from a wide selection of restaurants.

*For those not opting to visit the island of Zanzibar, the next 3 days are spent at leisure at the beach campsite in Dar es Salaam.

DAYS 13 & 14: Zanzibar

History aside, Zanzibar offers a wealth of experiences for the visitor. Today the quiet streets of the old Stone Town still retain their Arabic influence, from the Medina-like shops to the palaces of the Sultans, who founded their vast empires on the spoils of the slave and ivory trade. The island is famous for its spices and an excursion around a spice plantation is always a fascinating experience. Other options include a trip to the beautiful beaches and giant tortoises of Prison Island, a full day scuba dive in Nungwe or a fishing trip in a traditional dhow. Mopeds are available for hire if you'd like to explore the more remote areas of the island. Zanzibar is a seafood lover's paradise. Numerous restaurants offer a great variety of the freshest catch from the ocean - crayfish being a popular speciality. Alternatively, mingle with the locals for dinner at the Forodhani Gardens seafront market, where delicious, inexpensive seafood is on offer.

DAY 15: Zanzibar to Dar es Salaam (D)

Leaving Zanzibar, we return to the mainland in the late afternoon and another night in Dar es Salaam.

DAY 16: Dar es Salaam to Arusha (B / L / D)

From Dar es Salaam we travel through vast sisal plantations to Arusha. On the way, we pass The Pare and Usambara Mountain ranges before driving through the town of Moshi. Moshi is the base for Mount Kilimanjaro climbing expeditions and weather permitting; we may even catch a glimpse of this magical mountain's snowy summit - a photo opportunity not to be missed! Tonight we stay in a lovely campsite in Meserani on the outskirts of Arusha, before heading out on our Optional Excursions to the Serengeti and Ngorongoro Crater.

DAYS 17 - 19: Arusha / Optional Ngorongoro Crater & Serengeti Excursion (B / L / D)

Arusha is a pleasant town situated at the base of Mount Meru and is the starting point for the optional excursions to Ngorongoro Crater and Serengeti. We conduct these excursions in locally operated 4WD vehicles, which are adapted for safari use.

For those not opting to visit the Ngorongoro Crater and Serengeti National Park, the next days are spent at leisure enjoying the Meserani reptile park, Masai Cultural Museum and the surrounding villages and craft markets. Alternatively the town of Arusha is close by to explore.

The Optional Ngorongoro & Serengeti NP excursion takes us via the Masai town of Mtu Wa Mbu (Mosquito River) that lies adjacent to the Lake Manyara National Park and up the Rift Valley Escarpment to the higher lying village of Karatu. Karatu offers magnificent views over the surrounding hills and has many well established wheat farms that add to the picturesque panoramas. We spend the evening at a pleasant campsite in Karatu. The following morning we depart early for the Ngorongoro Conservation area and head into the wildlife rich Ngorongoro Crater. This World Heritage Site boasts some of the best game viewing in Africa - including the elusive Black Rhino.

After our game drive in the Crater, we head down the Crater rim and past the ‘Cradle of Mankind’ on our way to the Serengeti National Park. We cross the vast plains as we game drive through the southern and central areas in the park. Tonight we camp in the bushveld surrounded by the sounds of the African wilderness. In the morning, we head off for another game drive and explore the landscape in search of the resident game. With some luck, we may see some of Africa’s ‘Big 5’!

After our morning drive, we head back across the plains and the lush Crater rim to our truck at Arusha, where we spend the evening musing over our thrilling wildlife experience.

DAY 20: Arusha to Namanga (Kenya) (B / L / D)

After a morning spent exploring Arusha’s city centre and vibrant craft markets, we head to lunch just outside of town. After lunch, we travel 120 km to the Tanzania / Kenya border. Once the border formalities are complete, we camp at Namanga just over the Kenyan border.

DAY 21: Namanga to Nairobi (B)

This morning we travel 180 km north to the capital city, Nairobi. On arrival, we head to the Hotel Boulevard, where we deliver the passengers who’ll be ending their trip here, before heading to our campsite for the night.

DAY 22: Nairobi to Masai Mara (L / D)

This morning we collect the passengers who’ll be joining us on the final leg of our trek. We leave the hustle and bustle of Nairobi we climb the escarpment to our first stop, a viewpoint overlooking the spectacular Great Rift Valley. Descending into the Rift Valley, we enter Masai land where these habitual pastoralists are often seen tending their cattle from the side of the road. We pass through the town of Narok, before arriving at our campsite, Acacia Camp. Acacia Camp looks on to the Meguarra hills and the stream that meanders by on the bottom end forms a natural border to the Masai Mara National Reserve.

DAY 23: Masai Mara (B / L / D)

We depart early and spend the day game driving through this natural wilderness – with huge plains, rolling hills and an abundance of game; the Masai Mara offers a spectacular wildlife experience. We keep an eye open for the Big 5 - elephant, rhino, buffalo, lion & leopard. If travelling between July and October, we may get to witness the impressive herds of over 2 million wildebeest, zebra and Thomson’s gazelle in their Annual Migration. Tonight we recollect our highlights around the campfire.

DAY 24: Masai Mara to Kisumu (B / L / D)

Leaving the Masai Mara early in the morning, we pass through the scenic tea plantations of Kericho before descending the Rift Valley Plateau, on our way to Kisumu - Kenya’s harbour town on the banks of Africa’s largest lake, Lake Victoria. We replenish our supplies and overnight here.

DAY 25: Kisumu to Kampala (Uganda) (B / L / D)

Today, we cross the border into Uganda where we overnight in the capital city, Kampala. Uganda is a small country of striking physical beauty. Its landscapes vary from the fertile green areas around the northern shores of Lake Victoria to the snow capped Ruwenzori Mountains in the west and the semi-desert region in the north. The political instability that has haunted Uganda in the past has actually had the positive effect of leaving the country free of the over commercialism so common in other parts of Africa. The current

administration under President Museveni has devoted considerable effort and funds to return Uganda to its former status as one of Africa's most prosperous and, from a tourist's point of view, one of the most appealing and interesting countries to visit.

DAYS 26 - 29: Kampala to Lake Bunyoni (B / L / D)

After an early morning departure from Kampala we drive west into the depths of Uganda to our base at the tranquil Lake Bunyoni.

Lake Bunyoni, the deepest Crater Lake in Africa and home to a large and varied number of beautiful birds, is the base from which the optional Gorilla trek takes place. Dependant on where trekking permits are available, we trek in the Magahinga or Bwindi National Parks in Uganda, the Virunga National Park in the Democratic Republic of Congo, or the Ruhengeri National Park in Rwanda. The prices of trekking permits fluctuate and may change without prior notice – currently they are priced at US\$500 depending on where we trek. There is a local transport & handling fee of US\$65 to US\$70 per person (this covers the return transfer and the Wildlife Authority's booking fee). For trekking in the DRC or Rwanda, we will also have to purchase an additional visa to enter either country, as well as renewing our Ugandan visa upon re-entry. Please budget accordingly.

Trekking Procedures: The mountain gorilla (Gorilla Gorilla Berengei), of which there are still only about 700 remaining, are one of our closest living relatives. A visit to these gentle giants in their natural environment is a unique and wonderful experience - one you'll never forget. The park rangers monitor the gorillas on a daily basis and have a fairly good idea of where they are. However, they are free roaming animals, and their sighting cannot be guaranteed. As the gorillas share much of our DNA, anyone with even the slightest cold or transferable illness will not be permitted to trek. Trekking is also only open to people over 16 years old.

Due to the restrictions on the daily numbers of visitors to these incredible animals, we depart from our base in Bunyoni in small groups over 3-4 days, depending on the group size. Winding our way through arguably some of the most picturesque scenery in Africa, we head to the town of Kisoro where we spend the night (Should we be trekking in Rwanda our overnight will be in Ruhengeri). The following morning, after packing our picnic lunch, we are transferred to a ranger's station where the trek commences. Your rangers will lead you through the cultivated lands and then into the dense rain forest and on to a gorilla family. Trekking can take anywhere from 45 minutes to 8 hours and it can be quite strenuous, so a reasonable level of fitness is required. To ensure the gorillas do not get too used to the presence of humans and because they share many of our genes (and therefore able to catch our diseases), the maximum time permitted to spend with them is 1 hour. You will have plenty of time to watch their activity and to take photographs. The rangers will be able to provide you with a background to the family you are visiting. Once your hour is up, you trek back out of the rain forest to your meeting point where you will be transferred back to the Lake Bunyoni campsite.

You needn't feel like you're exploiting these animals. The ever-growing number of tourists trekking them each day play a vital role in their survival. For years they have been ruthlessly hunted for their hands and heads, which have been sold as ashtrays and lampshades! In addition, large numbers have been killed whilst trying to stop poachers stealing the babies for sale to zoos, where they have never lived long. 100% of the gorilla permit cost is used to by the parks authorities to finance patrols that are instrumental in protecting the gorillas from poachers and their lethal snares and on promoting these

wonderful animals.

Lake Bunyoni

For those of us awaiting our day of gorilla trekking, the choice is yours, visit a local village or church, hike in the surrounding hills, canoe, go on a bird watching walk, visit the local markets of Kabale or just spend the days relaxing or swimming in this tranquil lake.

DAY 30: Lake Bunyoni to Kampala (B / L / D)

After marvelling at the experience of our gorilla encounters and enjoying the peaceful Lake Bunyoni, we begin our drive back to Kampala. We cross the Equator for the second time and stop for the classic “one foot in each hemisphere” photo opportunity. We overnight in Kampala and have the opportunity to sample its night life!

DAY 31: Kampala to Jinja (B / L / D)

Today we have the option of visiting the Ngamba Island Chimpanzee Sanctuary or transferring to Jinja for a selection of adventure activities including white water rafting at the source of the White Nile, quad biking or volunteering at a community project. Spend the afternoon relaxing on the banks of the river, or ticking off the wide variety of water birds in this area.

DAY 32: Jinja to Nakuru (Kenya) (B / L / D)

After our engaging trip through the ‘Pearl of Africa’, we head back to Kenya. We overnight in Nakuru, Kenya’s 4th largest town and capital of the Rift Valley Province.

DAY 33: Nakuru & Lake Nakuru National Park (B / L / D)

This morning we begin our exploration of the Lake Nakuru National Park - famous for the thousands of lesser and greater flamingos that flock to this soda lake’s edge. The numbers vary depending on the water level, and when it’s low, the lake almost turns pink. A truly spectacular sight! The park was established as a sanctuary for black and white rhino, which are often seen. We spend the day searching for these pre-historic looking beasts as well as the elusive leopard, encountering buffalo, giraffe, various antelope and the occasional hippo along the way.

DAY 34: Lake Nakuru National Park to Lake Naivasha (B / L / D)

Moving further east, we head to Lake Naivasha, home to a multitude of bird life, the most magnificent being the African Fish Eagle with his regal cry. At 1880 m, this is the highest of the Rift Valley lakes. Time permitting; we spend the afternoon enjoying optional excursions like Elsamere (former home to Joy & George Adamson of Born Free fame), a boat ride to the Crescent Island Game Sanctuary or a bike ride around Hell’s Gate National Park. Our last night is spent in a lovely campsite on the banks of the lake.

DAY 35: Lake Naivasha to Nairobi (B)

After breakfast, we head back to Nairobi, arriving at the Hotel Boulevard in the early afternoon. We exchange addresses and part ways, having just experienced a trip of a lifetime!

OPTIONAL EXCURSIONS

Below is a selection of Optional Excursions available on this trip.

Please Note - these prices are approximate and are subject to change
 - where activities occur away from your base, there may be an additional transfer cost.

ZIMBABWE:	
Please ensure that you pay for activities in Victoria Falls with Cash or Traveler's Cheque's Only	
Victoria Falls National Park Entry (viewing the Falls)	30 US\$
Trip T-Shirt	25 US\$
VICTORIA FALLS:	
White Water Rafting-Full Day	*110 US\$
River Boarding combo Raft & Board	140 US\$
Canoeing on the Zambezi-Half Day/ Full Day	*90 US\$ / 105 US\$ + plus 10 US\$ park fees
Half Day Adrenaline - George Swing,ZipLine & Flying Fox	*105 US\$
Full Day Adrenaline - As above + Abseil & Rap Jump	140 US\$
Bungee Jump (111m)	105 US\$
Tandem Bungee Jump	145 US\$
Elephant Back Safari	*110 US\$
Walk with Lions	*115 US\$
Micro Light over the Falls-15mins	120 US\$
Micro Light over the Falls-30mins	230 US\$
Helicopter Flight over the Falls 12 mins	*115 US\$
Helicopter Flight over the Falls 19 – 25 mins	175 – 220 US\$
Zambezi Sunset Cruise	45 US\$
Horse Safaris - 2Hr Novice / 3Hr Experienced	65 US\$ / 75 US\$
Hwange NP (2 Night 3 Day Safari)	450 US\$
Chobe Botswana – Full Day	170 US\$
*Combo Deals	2 Activities 220 US\$
ZAMBIA:	
Zambezi Sunset River Cruise (Incl. Meal & Drinks)	50US\$
MALAWI:	
Freshwater Diving at Kande Beach	40 US\$ (Additional dives 25 US\$ each)
Horse Riding at Kande Beach 2Hr / 3Hr (Bush, Beach & Swim)	50 US\$ / 70 US\$
Village Walk at Kande Beach	From 5 US\$
Village Walk at Chitimba Beach	2 US\$
Traditional Healer Visit	2 US\$ / 2 US\$
Livingstonia Mission Hike - 30km return	5 US\$
Carving Lessons & Local Fishing.	*Price to be negotiated on arrival
TANZANIA:	
Serengeti / Ngorongoro Crater	From 410 US\$

Masai Village Visit	10 US\$
Olduvai Gorge	5 US\$
Zanzibar:	
Zanzibar Fast Ferry Return	10 US\$
Transfer to Nungwi	8 US\$
Zanzibar Accommodation	From 20 US\$ - 50 US\$ per day
Spice Tour including lunch	20 US\$
Prison Island Snorkeling Trip	20 US\$
Dolphin / Jozani Forest	30 US\$ / 8 US\$
Diving, Snorkeling & Fishing	From 30US\$
Dhow Sunset Cruise	25 US\$
Motorbike/ Car Hire	25 US\$ -30 US\$/50 US\$ - 70 US\$ +local drivers license / insurance at 5 US\$
KENYA:	
Masai Mara Balloon Safari (when available)	435 US\$
Masai Village Visit	5 US\$
Masai Warrior Dancing	4 US\$
Elsamere Visit, Home of Joy Adamson	10 US\$ +Transfer Fee
Naivasha Hells Gate NP	45 US\$ Including Transfer, Bike & Guide
Naivasha Boat Hire (Max 7 Pax)	50 US\$ per hour
Naivasha Horse Riding	15 US\$ per hour
Naivasha Crescent Island Tour	20US\$
UGANDA:	
Gorilla Trek (excl. transfer & booking fee)	From 600US\$
White Water Rafting on the Nile	125 US\$
Bungee Jump	65 US\$
Jet Boat – 30 Mins	75 US\$
Adrift / Softpower Project	25 US\$
Quad Biking 2 hrs	70 US\$
Horse Riding 2 hrs	50 US\$ + transfer approx 20 US\$
Chimpanzee Sanctuary (5 - 8 pax)	50 US\$ - 70 US\$ + transfer approx 125 US\$
Trip T-Shirt	20 US\$

*Although traveller's cheques are accepted for the Serengeti/Ngorongoro Excursion, they are subject to a surcharge of at least 5%.

**Please note that all accommodation & activities in Victoria Falls must be paid for in US\$ cash (GBP & ZAR also accepted at a lower rate).

FREE TRIP

When you book this trip, you are entitled to receive either a FREE 2 Day Chobe Mobile Safari or a FREE 3 Day Hwange Community Experience the Thursday before your trip begins and a FREE 3 Day Masai Mara Safari the Sunday after your trip ends. The Local Payments are still applicable for each trip. This fantastic offer must be taken up at the same time you book this trip. Ask your agent or the Into Africa Safari office for more details. Conditions apply.

The staff and management look forward to welcoming you aboard and trust that you will enjoy your trip with Into Africa Safari.

INTO AFRICA SAFARI

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